

# Bhonsala Adventure Foundation

### NASHIK, MAHARASHTRA

Tel: (0253) 2309618 Website :<u>www.baf.bhonsala.in</u>
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### 7 Days Winter & Summer Educational Adventure Course 2023-24

Activities:- Rappelling, Rock Climbing, River Crossing, Jummaring, Trekking, Zip Line, Water Rafting, Kayaking, Parasailing, Rifle Shooting, Basic Knots, Burma Bridge, Stargazing & More Games...

**Duration:-** Winter - 25 to 31 Dec, 2023 (Mix)

Summer:- 15 to 21 Apr (Boys) 22 to 28 Apr (Girls)

30 Apr to 06 May (Boys) 07 to 13 May (Girls) 15 to 21 May (Boys) 22 to 28 May (Girls)

30 May to 05 June ((Boys)

**Age:-** 12 to 20 Yrs.

### Day to Day Activities of Adventure Course (7 Days)

**Activities:-** Rappelling, Rock Climbing, River Crossing, Jummaring, Trekking, Zip Line, Water Rafting, Kayaking, Parasailing, Rifle Shooting, Basic Knots, Burma Bridge, Lectures, Camping, Stargazing, Birds Information & More Games.

#### Day 01:-

Arrival, Reception and Instructions about Course. Move to camp site.

#### Day 02-06:-

Outing:- Training Area

Lecture, Demonstration and Activity (As per camp Activities)

#### Day 07:-

Dispersal after Closing Ceremony.

# Confirm your seat booking before - 31st Mar 2024

**Course Fees: - Rs.9746/-** + 18% GST

Fees will cover Accommodation, Nutritious Vegetarian Food, Guide charges, Equipment's, Training.

## Himalayan Trek 2024

### Bhrigu Lake, Manali, Himachal Pradesh (Ht.14009 ft)

5<sup>th</sup> May to 15<sup>th</sup> May (10 nights /11 days)

- Day 1: Departure from Nashik
- Day 2: Arrival at Chandigarh / Ambala & Evening Departure to Manali
- **Day 3:** Arrival Manali, Camp Site near Manali. Acclimatisation Trek to Jogni Waterfall. It's a famous waterfall in Manali
- **Day 4:** Drive from Base Camp to to Kulang Roadhead, and Trek to Moridugh, Tent pitching and acclimatize trek
- Day 5: Trek from Moridugh to Panduropa, Tent pitching and acclimatize trek
- Day 6: Trek from Panduropa to Bhrigu Lake, and back to Panduropa
- **Day 7:** Trek from Panduropa to Kulang. Drive back to Burwa
- **Day 8:** Rappelling & River Crossing Activity, Manali Sight Seeing (Hadimba Temple, Vashisth hot water spring and temple), Camp fire
- Day 9: Optional Activity, Market Visit, Purchasing and Evening departure to ambala
- Day 10: Reach Ambala / Chandigarh & Departure to Nashik, according to train.
- **Day 11:** Arrival at Nashik. Vote of Thanks

### Confirm your seat booking before 3<sup>rd</sup> Jan 2024

**Trek Fees: - Rs.21188/-** + 18% GST

### Deo Tibba Base Camp, Manali, Himachal Pradesh.

21st May to 31st May (10 nights /11 days)

- Day 1: Departure from Nashik
- Day 2: Arrival at Chandigarh / Ambala & Evening Departure to Manali
- Day 3: Arrival Manali, Camp Site near Manali. Acclimatisation Trek to Jogni Waterfall. It's a famous waterfall in Manali
- Day 4: Drive from Manali to Barahazari Roadhead, and Trek to Chikka, Tent pitching and acclimatize trek
- Day 5: Trek from Chikka to Seri, Tent pitching and acclimatize trek
- Day 6: Trek from Seri to Deo tibba base camp, Tent pitching and acclimatize trek
- Day 7: Trek from Base camp to Chotta Chadratal and back to Seri, Tent pitching
- Day 8: Trek from Seri to Barahazari. Drive back to Burwa
- Day 9: Rafting (Optional), Manali Sight Seeing (Hadimba Temple), Market visit, Purchasing and evening departure to Ambala / Chandigarh
- Day 10: Reach Ambala / Chandigarh & Departure to Nashik, according to train.
- Day 11: Arrival at Nashik. Vote of Thanks

# Confirm your seat booking before 19th Jan 2024

Trek Fees: - Rs.21813/- + 18% GST

### Hampta Pass trek, Manali, Himachal Pradesh.

### 14th June to 24th June (10 nights /11 days)

- **Day 1:** Departure from Nashik.
- **Day 2:** Arrival at Chandigarh / Ambala & Evening Departure to Manali.
- **Day 3:** Arrival Manali, Camp Site near Manali. Acclimatisation Trek to Jogni Water Fall. It's a famous water fall in manali.
- **Day 4:** Acclimatisation Trek, Manali Sight Seeing, Visit to Hadimba Temple, Market visit and Purchasing
- **Day 5:** Jobra (Drive) Trek from Jobra to Chika (10,100 ft) and Tent pitching, acclimatize trek
- **Day 6:** Chika to Balu ka Ghera (11,900ft) trek and Tent pitching, acclimatize trek
- Day 7: Balu ka Gera to Siagoru (12,900ft) trek and Tent pitching, acclimatize trek
- Day 8: Siagoru to Chandra Tal via Chatru, Tent pitching and campfire
- **Day 9:** Chandra Tal to Manali, Rafting (Optional), Market visit, Purchasing and evening. departure to Ambala / Chandigarh
- Day 10: Reach Ambala & Departure to Nashik, According to train
- Day 11: Arrival at Nashik. Vote of Thanks

### Confirm your seat booking before 12th Feb 2024

**Trek Fees: - Rs.23063/-** + 18% GST

### **Seat confirmation Amount Rs. 5000/- (Non Refundable)**

Fees will cover

- Accommodation in Manali,
- Nutritious Vegetarian Food (Manali to Manali)
- Guide Charges, Equipment's & Training
- Transportation from Nashik to Nashik. (Nashik to Ambala & Return by Train Reservation III AC, Ambala to Manali & Return by bus / Car Non-AC)

Note – Food expenses during travel will be borne by the participant.

#### 1) FEES: -

By Cash / DD in favor of Bhonsala Adventure Foundation, Nashik.

### 2) **SAFETY:** -

Extensive & Painstaking preparation have gone into the planning of the camp / Trek routes to ensure participant's safety. However, the Bhonsala adventure foundation cannot be held responsible for any accident, Illness, and other such untoward Incidences.

#### 3) ALLOTMENT OF VACANCIES: -

Seats are allotted on first come first serve basis. If the required course is not available, the vacancy will be given in the next available course.

#### 4) RULES OF CANCELLATION: -

Before 30 days from the Date of the Camp / Trek, 75% of the Fees will be refunded and before 15 days from the Date of the Camp / Trek, 50% of the Fees will be refunded. In other cases, no fees will be refunded. Once participated in the Camp / Trek, Camp / Trek fee will not be refunded or transferred.

### 5) TRANSFER OF SEAT: -

Request of transfer of the seat on compassionate ground may be considered only once. Further transfer or refund of course fee will not be permitted thereafter.

### 6) CERTIFICATE: -

Participants, who successfully completed the Camp / Trek and abide by the discipline of the program, will be awarded certificates.

### 7) RULES & REGULATION: -

- Do not leave the campsite without permission of Instructor or Camp Incharge.
- Do not keep any weapons with you.
- Do not drink water / Eat food items from unauthorized sources. While trekking does not enter into any personal property or damage any personal property.
- Do not use abusive or vulgar language with other participants and staff.
- Use of Mobile phone / Electronic device is prohibited during the camp.
- Participants are bound to follow the rules & regulation the Bhonsala Adventure Foundation. Participants breaking above rules will be debated from the camp

### 8) APPLICATION AND MEDICAL FORM: -

- Application Form, Indemnity Bond & Medical Form available at BAF website www.baf.bhonsala.in.
- Medical certificate of the candidate from Family physician (M.B.B.S / M. D.) is essential for admission.

### 9) INSURANCE OF THE CANDIDATE: -

The courses and camps carried out by Bhonsala Adventure Foundation are well organized and carried out under the supervision of experts and authorities well trained for the same. It is well informed to the candidates to obey the orders of the experts on site. Despite the same, if any candidate does not follow rules and regulations and in event of any mishap happening to him/her, Bhonsala Adventure Foundation will not be responsible for the same. The individual candidate shallmake his own individual policy from the insurance company as desired by him. It shall not be responsibility of Bhonsala Adventure foundation for the same.

#### **EQUIPMENT AND CLOTHING REQUIRED: -**

### A) MULTI ADVENTURE CAMPS

- 1) Clothing for Activities Track suit, T-Shirt (Please note that Shorts, 3/4 Pants, Sleeveless apparels are not allowed for your safety)
- 2) Clothing's to change at night, Undergarments, Towel, and Napkin, 1 Party dress.
- 3) Sports or Hunter Shoes (One pair), Socks 2 Pair and Slipper.
- 4) Small Sack, Water bottle / Bag (1 to 2 Lt.), Torch, Pen, and Notebook.
- 5) Woolen monkey cap (Winter), 1 Spoon (Stainless steel)
- 6) Toothpaste, Brush, Comb, Mirror, other daily requisites.
- 7) Odomos and Medicines as per personal requirement. (if any)
- 8) 3/4 Bermuda for water sports.
- 9) One bed Sheet, Chaddar / Blanket (winter), Pillow.

### **B) HIMALYAN TREKS**

\*Rucksack, \*Cotton or Nylon Thermal Inner, \*Trek pant & Shorts, \*T-Shirts, \*Full Pant, \*Party Dress \*Woolen Pullover Full Sleeves, \*Raincoat, \*Slippers, \*Adequate undergarment, \*Towel, \*Socks, \*Woolen monkey cap, \*Bed sheet, \*Torch with extra 2 Batteries, \*Sunglasses, \*Cold cream, \*Sunscreen lotion, \*Trekking / Sports Shoes, \*Water Bottle, \*Toilet Paper, \*Personal Medicine, \*Plastic bag to contain all the above plus a few spare one, \*Notebook & Pen.

For Details Please Contact- Tel: - 0253-2309618 Website: <u>baf.bhonsala.in</u> Email: - <u>bafnsk94@gmail.com</u>

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